

HOW DO I MAKE A...

Spring Planting Kit

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explore&more

THE RALPH C. WILSON, JR. CHILDREN'S MUSEUM



Mother Cabrini
HEALTH FOUNDATION



INGREDIENTS & MATERIALS

- Plastic planting pot
- Bag of seeds
- Bag of soil/fertilizer
- Paint, stickers, googly eyes
- Planting and care instructions
- Optional: Spray bottle

HOW LONG WILL
THIS TAKE TO DO?

10-20 minutes

DEVELOPMENT SUBJECT AREAS:

Art

VA: CR 1.2.3.PK-5

Science

5-LS1-1. 5-L2-1. 4LS1-1. 3-LS1-1.
3-LS3-2. 3-LS4-3. 2-LS2-1.
K-PS3-1. K-LS1-1. K-ESS3-1.
P-PS3-1. P-LS-1-1.2.

This lesson will teach a child how to grow their very own plant from seedling to flower. This activity will allow children to observe the life cycle of their very own plant, learning a valuable science lesson. Furthermore, growing a plant will allow kids to learn the responsibility of caring for a living thing. The experience of growing a springtime plant is great for introducing children to earth sciences as well.

DIRECTIONS

- STEP 1** Take your planting pot and decorate with any art supplies you want; these pots should be fun!
- STEP 2** Fill the pot with soil about 4/5ths of the way full.
- STEP 3** Place your seeds on the top of the soil.
- STEP 4** Cover your seeds with dirt, though only the length of the seeds deep in the dirt.
- STEP 5** Water the soil immediately, do not saturate the soil.
- STEP 6** Keep your soil damp through daily watering.
- STEP 7** Depending on the seed continue caring for the seed until you see sprouting.
- STEP 8** Observe plant growth and when a sprout is large enough you may transplant to a different pot or outside in a garden.



VOCABULARY

SEEDLING: A young plant, especially one raised from seed and not from a cutting.

SPROUTING: Start to grow; spring up.

LIFE CYCLE: The series of changes in the life of an organism.

WATCH THE VIDEO LESSON AT exploreandmore.org/au-some-kits/